CHECKLIST

Playing a character different from yourself

- [ ] Name the character's core value in one sentence
- [ ] Practise the anchor away from the event
- [ ] Test every improvised choice against the core value
- [ ] Note three moments where the character felt solid
- [ ] Note three moments where the character slipped
- [ ] Ask another player what they remember about your character
- [ ] Adjust the anchor if it tired you out or felt artificial