CHECKLIST

Boundary-setting checklist for live action roleplay

- [ ] Decide on one or two clear boundaries before you book the event
- [ ] Write your limits in the booking form or email the organisers directly
- [ ] Learn the safety tools your event uses during the opening brief
- [ ] Practise saying the safety words out loud before play begins
- [ ] Check in with yourself after each scene to notice how you feel
- [ ] Use a safety tool immediately if a scene crosses your comfort level
- [ ] Speak to an organiser if someone ignores a boundary you've stated
- [ ] Update your boundaries between events based on what you've learned