CHECKLIST

LARP Safety Checklist: Before Every Event

- [ ] Read the event rules and note forbidden target zones
- [ ] Attend the safety briefing and locate first aid
- [ ] Walk the site during daylight and mark uneven ground
- [ ] Inspect your weapons for splits, exposed cores and flex
- [ ] Adjust armour straps and check they do not cut in
- [ ] Confirm your consent signal and respect others' immediately
- [ ] Carry water within easy reach and drink regularly
- [ ] Stretch before combat and again at the end of each day